

Interested in:

Attending a Senior Surf Day

Please contact the Senior LinkAge Line™ at  
1-800-333-2433  
for a current schedule of classes



Hosting a Senior Surf Day

or

Becoming a Senior Surf Day volunteer instructor

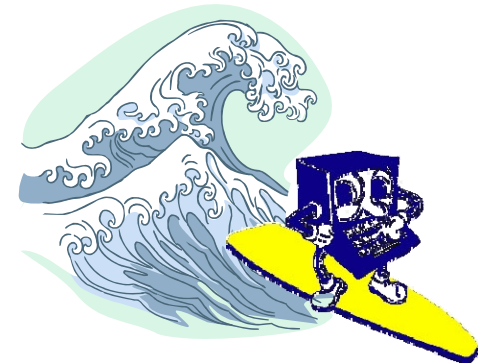
Please contact: Lynette Bauer  
Volunteer Coordinator  
651-917-4638  
[lynette@tcaging.org](mailto:lynette@tcaging.org)



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# Catch The Wave!

## Senior Surf Days



Seniors are invited to a free session on learning to Surf the Internet! These classes are geared to seniors who have little or no experience with computers.

“It’s fun to see elders get excited about all the information they find on the Internet. Once they learn the basics they’re off to find their World War II regimental information; search for recipes for their extra rhubarb; look up their family history or information about their favorite hobby or vacation spot.”

~ Roger Anderson, volunteer



“I so appreciated the marvelous class that you conducted to help us use the computer. You were an excellent teacher. We were fortunate to have you. Please extend our gratitude to all who made the classes possible. Thank you so very much.”

~ attendee









## ***Learn to Surf the net at Senior Surf Days!***

Each class lasts approximately 2 hours, enough time for attendees to become familiar with the computer (mouse, keyboard and desktop) and learn the basics of surfing the Internet.

When you leave the two-hour class you just might be able to understand some of what your children, grandchildren and neighbor kids are talking about!



## **COME TO A SENIOR SURF DAY AND LEARN HOW TO:**

-  **Type in a web address and navigate from one webpage to the next**
-  **Determine if a website is secure** 
-  **Conduct searches using common search engines such as Google**
-  **Prevent, detect and report healthcare fraud**
-  **Access Internet sites that will assist you in obtaining information on your own, including the Medicare.gov website, the Administration on Aging and MinnesotaHelp.info webpages, among many others**