



FOR IMMEDIATE RELEASE

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Senior Nutrition Contracts to be Announced in November

The Metropolitan Area Agency on Aging, Inc. (MAAA) is in process of finalizing contracts for services in 2011 with local organizations for the provision of congregate dining and home delivered meals for the seven-county region. An official announcement will be forthcoming approximately November 15 at the conclusion of the competitive process.

During today's meeting of the Area Agency's Board of Directors, Executive Director Dawn Simonson stated that "MAAA's focus is assuring that all seniors eligible to receive meals through the Older Americans Act program will be served." She went on to say that "MAAA is working to carefully advance service delivery models with stronger emphasis on consumer choice, greater program efficiency and effective outreach to low income seniors."

Congregate dining and home delivered meals help older adults meet their basic need for healthy food. Healthy eating is critical to overall health status and is important to help seniors maintain their ability to live at home as they age. MAAA projects that in 2010 more than 213,000 home delivered meals will be served to area homebound older adults and just under 396,000 meals will be served in group settings.

MAAA is the designated Area Agency on Aging for Anoka, Carver, Dakota, Hennepin, Ramsey, Scott and Washington counties. In partnership with public and private organizations, MAAA helps older adults age successfully by building community capacity, advocating for aging issues, maximizing service effectiveness and linking people with information.

For information about meals, transportation, chore services, caregiver support and housing options call the Senior LinkAge Line® at 1-800-333-2433 Monday through Friday from 8:00 a.m. to 4:30 p.m.