

*Helping elders  
age successfully*

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SERVICES TO SENIORS 2004



METROPOLITAN  
AREA AGENCY  
*on* A·G·I·N·G

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Dolores Zeller, Chair

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**Phone:** (651) 641-8612 Metropolitan Area Agency  
on Aging, Inc.

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# MESSAGE FROM THE CHAIRPERSON

The Metropolitan Area Agency on Aging (MAAA) worked in 2004 to enhance services and programs at the request of community providers, counties, the Minnesota Board on Aging, the Legislature and others. The 2004 Annual Report highlights resulting efforts to increase access to prescription drugs, implement systems change and capacity building projects, and participate in leadership and advocacy initiatives.

MAAA is fully engaged in its strategic plan launched in mid 2002. The goals target advocacy, funding, facilitation and partnering, service development, and information and assistance. The Area Agency's goals also support the State's efforts to rebalance the long-term care system. As the State's regional partner MAAA helps develop communities that are responsive to an increasing number of frail older persons.

Almost all of MAAA's work is accomplished through partnerships – often with other funders and providers. In 2004 our endeavors to achieve the strategic plan's service development goals involved securing funding from private foundations. Several awarded funds for initiatives that began in 2004. MAAA salutes the Bush, Mardag, Saint Paul, Medica, and the Blue Cross and Blue Shield of MN Foundations for their investments in projects dedicated to improve the quality of life for older persons and their families.

MAAA wishes to recognize the outstanding efforts of the collaborations that came together in 2004 to improve and increase services. These joint efforts include HealthEast Care System, Wilder Community Services for the Elderly, the Alzheimer's Association, Health Ministries Network-North Central Region, TRUST, Lyngblomsten, Elderberry Institute, and many others. One of MAAA's growing strategic roles is to develop resources to enable joint efforts.

During 2004 more than 60,000 of our communities' elders benefited from services provided by MAAA's Title III-funded organizations. These agencies provide nutrition services, transportation, chore services, grocery delivery, health promotion, legal services and special access for minority elders. In addition family caregivers found that counseling and coaching, respite, adult day services and workplace education helped them feel more competent and confident in their caregiving roles.

As we move through 2005, MAAA is learning about state and federal policy directions that will influence the Metro Region's aging network. MAAA anticipates that increasing consumer directed care options will be a strong policy shift. We also expect growing emphasis on evidence-based funding to guide use of Older Americans Act resources. And finally, MAAA is actively defining the agency's role in supporting older persons with chronic illness more effectively and looks forward to working with the network in this area.

Thank you to the many partners working in concert with MAAA to make our communities places to live and age well!

**Dolores Zeller**  
*Chairperson, 2004-05*

## VISION

The Metropolitan Area Agency on Aging is a catalyst in building communities where elders live with dignity, mutual respect and shared responsibilities across generations and cultures.

## MISSION

In partnerships with public and private organizations, the Metropolitan Area Agency on Aging helps elders age successfully. It does this by building community capacity, advocating for aging issues, maximizing service effectiveness and linking people with information.

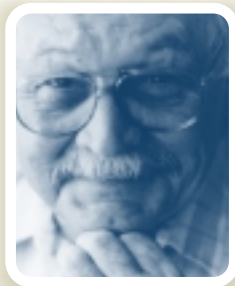
## PURPOSE

The Metropolitan Area Agency on Aging is a not-for-profit organization designated by the Minnesota Board on Aging as the Area Agency on Aging for the seven-county Twin Cities Metro Area. The Agency is a leader and advocate on behalf of older adults, plans a comprehensive and coordinated system of services for older adults and administers Older Americans Act funds.

## *Senior LinkAge Line®*

The Senior LinkAge Line® is an important part of the aging service network supported statewide by the Area Agencies on Aging and the Minnesota Board on Aging. With one call to the Senior LinkAge Line®, seniors and families can obtain assistance to evaluate their situation and locate services that are available within their communities to help them remain independent. Using the database found at [www.MinnesotaHelp.Info](http://www.MinnesotaHelp.Info), Information Specialists help make connections to transportation services, housing options, food and meal delivery, chore services, education and recreation, employment and volunteering, caregiver support and much more.

Health insurance counseling is an important service of the Senior LinkAge Line®. Information Specialists and volunteers are trained and certified



by the Minnesota Board on Aging to offer information about Medicare, Medical Assistance, health insurance and benefit plans, and to provide counseling to compare Medicare supplemental and long-term care insurance

***“I found the Senior LinkAge Line® to be highly credible and professional. They brought relief and eased my concerns.”***

policies and options. They also assist with completing and sending claims and appeals, help beneficiaries to understand and track medical bills and forms, and claim insurance benefits.

Counseling sites are located throughout the Metro area, and home visits are also available. Several local agencies support this program in the Metro area by providing health insurance counseling services including Anoka County, the CAP Agency, and Senior Community Services. Sixty-nine volunteer counselors provided 2400+ hours of service in 2004.

In 2004, Senior LinkAge Line® Specialists answered an estimated 42,000+ Metro area calls. Specialists participated in 33 in-house training sessions on topics such as diversity and cultural competency, dementia, mental health issues, database integrity, Medicare and Medicaid fraud and abuse, and Medicare Supplemental and HMO options.

The Senior LinkAge Line® can be reached nationwide by calling 1-800-333-2433, or by visiting the Area Agency’s website at [www.tcaging.org](http://www.tcaging.org). To meet the special communication needs of callers, Information Specialists use the Language Line and Minnesota Relay Service. Phones are answered Monday through Friday from 8:00 a.m. to 4:30 p.m. Callers can leave messages after regular business hours, 24 hours a day.

**97% of surveyed callers would recommend Senior LinkAge Line® to someone else and 100% said the person they spoke to was friendly and courteous.**

## *RxConnect*<sup>®</sup>

RxConnect<sup>®</sup> is the newest service offered by the Senior LinkAge Line<sup>®</sup> and assists persons of all ages and income levels to access programs and information that will help make their prescription drug costs more affordable. Options that are



discussed include applying for benefits through the patient assistance programs offered through pharmaceutical companies, enrolling in

the Medicare-approved drug discount card or other prescription savings discount cards, enrolling in publicly-funded programs, using websites for price comparisons, using mail order pharmacies, or asking physicians about the use of generic equivalents to save on prescription costs. Information Specialists educate consumers on these and other available options in order that they can make informed decisions about and have improved access to their prescriptions.

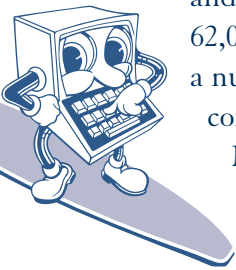
## *Education and Outreach*

Educating consumers through outreach efforts is an important tool to reaching Metro area residents. In 2004, staff and volunteers participated in 447 community events including senior and health fairs

and presentations reaching over 62,000 persons. Presentations covered a number of subject areas including community resource finding,

Medicare and other health insurance topics including the Medicare-approved drug discount cards and Part D

benefit, Medicare Savings Programs, prescription drug assistance options, Medicare fraud and abuse, preparing a health-care directive, and others.



The MAAA continued to coordinate Senior Surf Day classes throughout the Metro area for seniors and their caregivers. These educational sessions are held at libraries, senior centers, and senior apartment complexes and offer basic computer and Internet training to participants. Surf Days are geared toward brand new computer users. Many people attending the class have had no other formal computer training – and some have never turned on a computer or used a mouse! These sessions offer practical, hands-on learning opportunities for new computer users in a comfortable setting – where they can return at a later date to use a computer free of charge. These sessions also introduce participants to on-line information about Medicare, practical tips on Medicare fraud and abuse prevention and [www.MinnesotaHelp.Info](http://www.MinnesotaHelp.Info), an on-line resource tool that helps people identify home and community-based options that can help them to remain independent.

*Program Manager — Information and Assistance*

Pam Zimmerman, 651-917-4608

[pam@tcaging.org](mailto:pam@tcaging.org)

## *MAAA News*

MAAA publishes an electronic newsletter. MAAA News is an electronically mailed communication designed for the region's service providers and policy makers. Submit new email addresses for the newsletter to [gail@tcaging.org](mailto:gail@tcaging.org).

## *tcaging.org*

The Area Agency's website is found at [www.tcaging.org](http://www.tcaging.org). It includes demographics, senior service information, Area Agency Board meeting agendas and minutes, Requests for Proposals and MAAA News.

## *Service System Planning*

The Area Agency provided planning assistance on aging issues, trends and service development needs for the seven-county region using a variety of tools to collect and analyze data and to engage community representatives. These reports and data summaries assisted the Area Agency to develop policies for the administration of Older Americans Act funds. Local organizations also used this information for community initiatives.

In 2004, caregiver support was the focus area. MAAA also provided technical assistance to applicants and facilitated a successful review process of grant applications for the Department of Human Service's Community Service/Services Development program.

## *Facilitation and Partnerships*

The Area Agency on Aging engaged in community development work in partnership with service providers, counties, and advocacy organizations through project-based initiatives.

### Representative Samples

- Continued facilitation of the Metro Caregiver Network which developed and provided training that builds awareness of the caregiver support service network among aging service professionals.
- Completed a metro-wide implementation of a national caregiver awareness campaign – Making the Link – developing referral relationships between 50 physician clinics and the caregiver support provider network through the Senior LinkAge Line®.
- On behalf of the Minnesota Board on Aging, coordinated a statewide consumer awareness campaign tailored to caregivers of older adults. MAAA launched extensive statewide outreach through print and radio media. In addition, education modules were developed on preparing

for roles as an advocate, communicating effectively with health care professionals, universal home design and home modification, caregiving and developmental disabilities, and person-centered planning.

- Provided project management for the following two systems change projects funded by the state Community Service/Services Development grants and the Medica Foundation.
  1. *The Dementia ID Project* trained over 355 staff of partner organizations to implement dementia identification and referral protocols. As of December 31, 2004, 20% of the 1,500+ persons who went through admissions/intake of the six partner agencies (HealthEast St. Joseph's Hospital, Wilder Home Health Care, Dakota, Hennepin, Ramsey and Scott County Long-Term Care Consultation) were found to have signs and symptoms of dementia. Seventy percent of those persons accepted some type of information and/or referral to primary care physicians and the Alzheimer's Association and/or community services. A one-year project extension for 2005-2006 will continue the detection/referral activities and provide project clients with on-going individualized family caregiving support through caregiver coaching service providers.
  2. *The Supporting Seniors Across Systems Project* has increased referrals to faith-based community programs and social service providers by health care professionals, and has strengthened the capacity of faith communities to provide informal support to help elders stay at home. Since the project's launch in April 2004, 215 health care professionals attended training on faith-based and other services. One hundred percent reported intent to refer to the Senior LinkAge Line® to help their clients and patients connect to services.

Project partner, North Central Region Health Ministries Network (NCRHMN) developed a virtual learning website at [www.healthministries.info](http://www.healthministries.info). Learning modules include depression, fall prevention, care at end-of-life and capacity building information for faith-based health and wellness ministries including risk management and replication information. The project also added information about parish nurse and other faith community services to [www.MinnesotaHelp.Info](http://www.MinnesotaHelp.Info), an online database of community resources. Project partners include NCRHMN, TRUST, Lyngblomsten, Normandale Ministry for Healing and Wholeness, Medica Center for Healthy Aging, Hennepin County, SE Metro SAIL Eldercare Development Partnership, Elderberry Institute and the area agencies on aging serving the Metro, Arrowhead and Central regions of Minnesota.

- Through the East Metro Eldercare Development Partnership of Ramsey, Dakota and Scott Counties, MAAA and others:
  1. Provided service development technical assistance to housing providers to add supportive services in the project's service area.
  2. Provided technical assistance to new overnight respite service and in-home respite in Dakota County utilizing adult day services providers.
  3. As a partner in the Supporting Seniors Across Systems project, presented eight information sessions on faith community eldercare and Senior LinkAge Line® services to health care professionals.
  4. Provided technical assistance resulting in additional companion services in Scott and Ramsey Counties.
- Initiated the Sustaining Minority Elders Project, a three-year technical assistance project to assist minority service providers in developing new eldercare services with public pay resources using a business planning approach. Four organizations were selected to begin the training and development.

The project is supported with grants from the Bush, Saint Paul, Mardag and the Blue Cross and Blue Shield Foundations, as well as Older Americans Act program development and coordination funds.

- Provided Web-site administration and listserv moderation for the Vital Aging Network through a contract with the University of Minnesota College of Continuing Education.
- Continued the partnership with Volunteers of America/MN, University of Minnesota-College of Continuing Education, Vital Aging Network, MN Senior Federation and MN Board on Aging to implement the Vital Aging Certificate Program. More than 30 persons graduated from the program following the Vital Aging Summit in May. Each leader completed a series of readings, group sessions, workshops and field assignments to complete the program.

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Kate Houston, 651-917-4611  
[kate@tcaging.org](mailto:kate@tcaging.org)

*Special Projects Coordinator*

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*Project Manager — Dementia Identification Project*

Catherine Johnson, 651-917-4632  
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*Project Manager — Supporting Seniors Across Systems*

Rebecca Hostetler, 651-917-4634  
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*Project Manager — Sustaining Minority Elders in Their Communities*

Jerry Uribe, 651-917-4617  
[jerry@tcaging.org](mailto:jerry@tcaging.org)

## *Grant Making and Contracts for Services* *Chore Services*

The Area Agency is a pivotal link between community supports for seniors and their caregivers and State and Federal funding for those services. Using a planning process to review needs and trends, MAAA awards grants and contracts for services to help ensure that a continuum of supports is in place that match the needs of the community.

In 2004, MAAA provided grants and contracts totaling \$7,133,644 to serve approximately 65,500 seniors and caregivers. Service information listed below is for the year 2004. Contact information is current.

*Programs and Services Director*  
Bob Anderson, 651-917-4649  
bob@tcaging.org

*Program Officer — Nutrition, Chore,  
Legal, Grocery Shopping and Delivery*  
Lisa Sawyer, 651-917-4604  
lisa@tcaging.org

*Program Officer — Caregiver Support*  
Leanna Smith, 651-917-4653  
leanna@tcaging.org

*Program Officer — Transportation, Special Access,  
Health Promotion and Disease Prevention*  
Gaoly Yang, 651-917-4603  
gaoly@tcaging.org

*Finance Director*  
Terry Nielsen, 651-917-4612  
terry@tcaging.org

Local organizations provide housekeeping, lawn mowing, snow shoveling, minor home repair, seasonal yard clean up and one-time heavy housecleaning.

*Greater Minneapolis Council of Churches* coordinated 82,873 hours of volunteer and paid chore services for 3,153 people in Hennepin, Anoka and Ramsey Counties through 14 subcontracts.

*Contact – Megan Nolan-Elliasen, 612-721-8687, ext. 315*

*Scott-Carver-Dakota CAP Agency* provided 185 people with 2,751 units of chore services in Scott and Carver County.

*Contact – Anne Harnack, 952-496-2125*

## *Grocery Delivery*

Volunteers take grocery orders over the phone and shop for groceries delivered by both volunteers and paid drivers.

*Store-To-Door* provided 17,970 grocery shopping and pharmacy delivery services to 1,193 people in the 7 county Twin Cities metropolitan area.

*Contact – Diane Leonard, 651-642-1892*

**The value of family caregiving  
to society is estimated at \$257 billion annually.**

## *In-Home Respite*

Offers temporary, substitute care, supervision and support to older persons in order to provide a brief period of relief for family caregivers.

Family caregivers include adult family members, or other individuals, who are unpaid providers of in-home and community care to a person age 60 years and older.



*Catholic Charities* provided 67 families with 2,167 hours of volunteer respite in Hennepin County.

*Contact* – Barbara Johnson, 651-215-2205

*DARTS* provided 49 families with 1,971 hours of volunteer respite in Dakota County.

*Contact* – Judy Fairbrother, 651-455-1560

*FamilyMeans* provided 82 families with 5,122 hours of volunteer respite in Washington County.

*Contact* – Mary Bornong, 651-439-4840

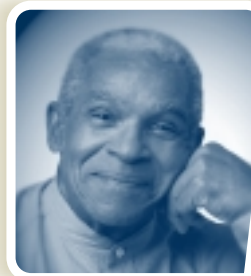
## *National Family Caregiver Support Services*

*Arc Hennepin-Carver Family Caregiver Support Program* provided 32 caregivers 1,355 units of advice/counseling and 26 units of one-to-one educational forums. One hundred fifty-six caregivers participated in group education. An additional 56 caregivers, age 60 and older, caring for an adult child, aged 40-59, were served through the program.

*Contact* – Beth Fondell, 952-920-0855

*Catholic Charities Caregiver Support/Respite Program – Scott & Carver County* provided 46 caregivers 588 units of consultation and 3,540 hours of in-home respite.

*Contact* – Barbara Johnson, 651-215-2205



The average caregiver is a 46 year-old working-woman who, for more than four years, has cared for her 77 year- old mother who lives nearby.

*Center for Asians and Pacific Islanders/Vietnamese Social Services – Southeast Asian Family Caregiver Support Program* provided 92 Hmong and 43 Vietnamese caregivers 1,074 units of consultation. An additional 81 Vietnamese caregivers were provided group or individual educational/training sessions adapted to address cultural issues.

*Contact – Lou Yang, 612-721-0122 CAPI  
Contact –Dung Pham, 651-641-7270 VSS*

*Chicanos Latinos Unidos En Servicio (CLUES) Tercer Amanecer Adult Day Services* provided 30 caregivers 786 sessions of consultation to assist in accessing services and offer on-going support, and 8,413 hours of respite in the form of adult day services.

*Contact – Cori Bruno, 651-291-8174*

*Dakota Area Resources and Transportation for Seniors (DARTS) – Workplace Eldercare* provided 11 workplace presentations to a total of 195 employed caregivers, and provided businesses with information on Workplace Eldercare issues and resources.

*Contact – Beth Wiggins, 651-455-1560*

*FamilyMeans Caregiver Training and Education Program* provided 335 caregivers 63 group or individual educational sessions. Additional staff time invested in the development of the Washington County Caregiver Partnership and individual service partnerships.

*Contact – Deborah Wemette, 651-439-4840*

*Korean Service Center – Caregiver Support Program* provided 44 caregivers 1,231 units of education/consultation and 142 units of respite. Additional caregivers were served through education sessions and a quarterly newsletter.

*Contact – Myong Kang, 612-342-1345*

*Metropolitan Caregiver Connections Collaborative/Elderberry Institute* provided 752 caregivers 5,093 units of consultation, 284 group or individual education sessions, 3,388 hours of respite (individual or group), and 2,976 units of assistance with tasks directly related to caregiving. Additional staff time invested in the coordination of a 21-member collaborative.

*Contact – Malcolm Mitchell, 651-649-0315*

*Strategic Alliance for Senior Services – Eldercare Partners Caregiver Services* provided 315 caregivers 1,470 units of consultation and 31 skills training sessions.

*Contact – Lisa Edstrom, 651-234-2251*

*Volunteers of America – Day Elders North Caregiver Program* provided 64 caregivers a total of 402 units of consultation, 2,160 hours of respite in the form of adult day services and 144 units of assistance with tasks directly related to caregiving.

*Contact – Kathy Mosavat, 612-617-7848*

**Most caregivers work!  
48% full time; 11% part time**

## *Nutrition Services*

Five local providers and their community partners provide nutritious meals in congregate settings and to homebound individuals. Participants also receive nutrition education and other support services. Meal services improve the nutrition status of older persons and reduce isolation – two important factors in helping maintain people in their homes.

*Human Services, Inc.* provided 83 older adults with 4,164 meals in congregate settings and 516 individuals with 26,709 meals in their homes in Washington County.

Contact – 651-275-5810

*Scott, Carver, Dakota CAP Agency, Inc.* provided 1,170 older adults with 65,028 meals in congregate settings and 413 individuals with 30,187 meals in their homes.

Contact – 952-496-2125

*Community Action Partnerships of Ramsey and Washington Counties* worked with 19 providers in 2004 resulting in 1,266 older persons meeting for 299,839 congregate meals and 293 elders receiving 10,050 meals in their homes and provided most of Ramsey County’s congregate meals in 2004.

Contact – 651-645-6701

*Volunteers of America/MN* provided nutrition services in Hennepin and Anoka Counties serving 9,238 seniors with 262,254 meals in congregate settings and 1,306 individuals with 96,579 meals in their homes.

Contact – 763-225-4023

With a grant awarded from the MN Department of Human Services, *Volunteers of America* also provided 8,307 culturally age-specific meals to 147 refugees. Partnering organizations were Vietnamese Social Services, Lao Family Community of Minnesota, United Cambodian Association of Minnesota, Hmong Elders Connection and the American Red Cross.

*Senior Services Consortium of Ramsey County* coordinates 12 providers to serve most home-delivered meals in Ramsey County. 32,765 congregate meals were served to 3,010 people and 134,824 home-delivered meals were served to 1,441 people.

Contact – 651-266-4006

## *Nutrition support services*

Local organizations help seniors improve their health and remain independent with supports such as grocery or prescription drug delivery, exercise programs, meal service innovations and nutrition assessment and counseling.

*Volunteers of America* provided grocery delivery, exercise and nutrition education classes to 192 individuals in Hennepin County.

Contact – Cara Myer, 763-225-4033

**A year of senior meals costs approximately the same as an average one-day stay in the hospital.**

## *Legal Services*

Two local organizations provided legal representation, advice and information and referral for seniors on a variety of issues including housing, health and income benefits, citizenship and consumer credit issues.

*Legal Aid Society of Minneapolis* provided 2,078 older persons with legal advice and representation and 7,061 units of community legal education in Hennepin and Anoka Counties.

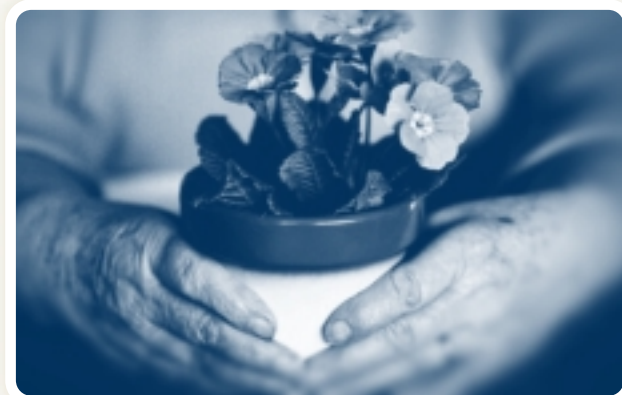
Contact – 612-334-5784

*The Immigrant Law Project*, as part of the Legal Aid Society of Minneapolis, provided 483 elderly immigrants legal advice and representation on immigrant issues related to citizenship, immigration status and family reunification and 503 units of community legal education.

Contact – 612-827-3774

*Southern Minnesota Regional Legal Services* provided 625 older persons with legal services and advice and 264 persons with community legal education in Carver, Dakota, Scott, Ramsey and Washington Counties.

*Anoka, Ramsey, Washington Counties* – 651-224-7301  
*Carver, Scott Counties* – 952-440-1040



## *Special Access and Outreach*

Five minority and one mainstream organization provided information and referral, outreach, advocacy, translation, interpretation and short-term case management services to help minority and non-English speaking elders obtain services they need.

*Chicanos Latinos Unidos en Servicios, Inc. (CLUES)* provided special access services to 187 Spanish-speaking elders living in Ramsey, Dakota, and Hennepin Counties.

Contact – Corine Bruno, 651-292-0117

*Vietnamese Social Services of Minnesota* provided services to 557 Vietnamese and Cambodian elders in Ramsey and Hennepin Counties.

Contact – Minh Pham, 651-644-1317

*Volunteers of America* provided services to 406 African-American elders, 164 Hmong elders and 116 Korean elders in Hennepin County.

Contact – Kathy Mosavat, 612-617-7848

*Hmong American Partnership* provided outreach and service access to 212 Hmong elders in Ramsey County.

Contact – Laura LaBlank, 651-495-1505

*Lao Assistance Center of Minnesota* provided outreach and service access to 106 Lao elders in Hennepin County.

Contact – Sunny Chanthanouvong, 612-374-4967

*Oromo Community of Minnesota* provided outreach and service access to 47 Oromo elders in the Metropolitan area.

Contact – Alemayehu Baisa, 612-340-0282

## *Transportation*

Seniors need individual and group transportation for medical appointments, grocery shopping, congregate dining, social and recreational activities and other appointments to enable them to maintain independent living. MAAA funds two organizations to coordinate transportation.

*St. Paul American Red Cross* coordinated and provided 52,454 rides to 1,939 elders in Ramsey County through direct service and 5 subcontracts.

*Contact – Barb Green, 651-291-6705*

*Volunteers of America* coordinated and provided 115,100 rides to 2,841 elders in Ramsey and Hennepin Counties through direct service and 10 subcontracts.

*Contact – Rachelle Baker, 612-617-7815*

## *Health Promotion and Medication Management*

Health promotion and medication management programs help seniors stay healthy through educational and fitness activities provided at various community centers in Hennepin and Carver Counties.



*Carver County Community Health* provided 764 elders with fall prevention and educational forums, exercise sessions, mental health assessments and medication management services in Carver County.

*Contact – Rae Jean Madsen, 952-361-1329*

*Senior Community Services* provided 2,091 elders with fall prevention education and home assessment, medication education and assessment, physical fitness and education for caregivers in Hennepin County.

*Contact – Joanne Kvern, 952-541-1019*

*Volunteers of America* provided 720 elders with medication management and education, mental health screening/referrals and support groups in Hennepin, Anoka, Dakota and Ramsey Counties.

*Contact – Alice Tennis, 763-225-4054*

## Metro Region Race for 60+

<i>County</i>	<i>Total 60+</i>	<i>White Alone</i>	<i>African American</i>	<i>American Indian</i>	<i>Asian</i>	<i>Other*</i>	<i>Hispanic</i>	<i>Total** Minority</i>
Anoka	30,660	29,871	115	101	351	222	167	904
Carver	7,059	6,964	8	8	44	35	34	123
Dakota	36,759	35,552	278	58	582	289	368	1,453
Hennepin	158,745	148,775	4,963	634	3,032	1,341	1,149	10,679
Ramsey	76,192	70,503	2,189	238	2,275	987	1,160	6,322
Scott	7,858	7,659	12	45	91	51	53	226
Washington	21,901	21,428	96	39	209	129	148	581
<b>Total</b>	<b>339,174</b>	<b>320,752</b>	<b>7,661</b>	<b>1,123</b>	<b>6,584</b>	<b>3,054</b>	<b>3,079</b>	<b>20,288</b>

*U.S. Census 2000* \* Includes native Hawaiians, other Pacific Islander, some other race alone \*\* Includes all non-whites plus white Hispanics \*\*\*Totals will not add up across due to duplicate Hispanic numbers in all races.

## Metro Region Below Poverty for 65+

<i>County</i>	<i>Number Below Poverty</i>	<i>Percent Below Poverty</i>
Anoka	932	4.5%
Carver	341	6.9%
Dakota	1,421	5.5%
Hennepin	6,748	5.9%
Ramsey	3,786	6.8%
Scott	378	7.5%
Washington	588	4.1%
<b>Total</b>	<b>14,194</b>	<b>5.5%</b>

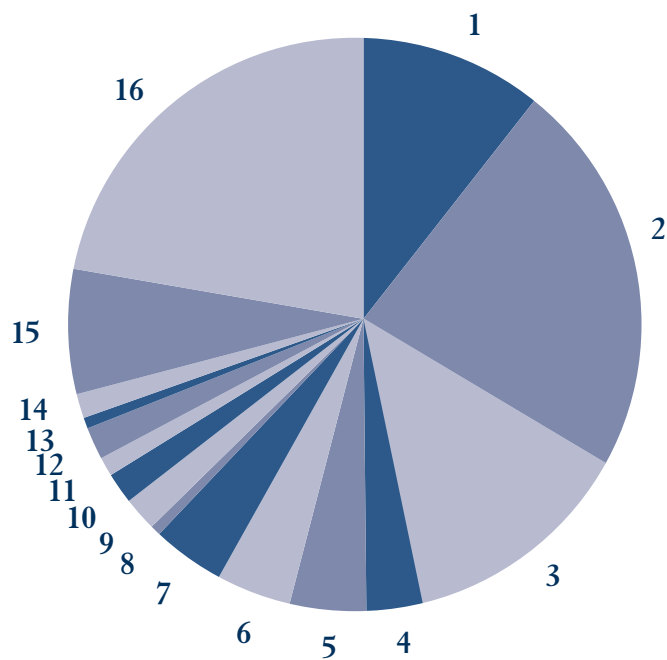
*U.S. Census 2000*

According to the 2000 Census, 339,174 seniors age 60 and older reside in the Metro area, representing almost 12.9% of the total population. This also represents 44% of the state's seniors age 60+. The suburban population is 76% of the Metro's 60+ population, an 11% increase from 1990.

There were 20,288 minority elders age 60+ reported through the 2000 Census, representing 6% of the 60+ population. African American elders are 38%, Asian elders are 32% and American Indian elders comprise 5.5% of the total minority population. Hispanics are 15% and equal to those identified as more than one race or another race.

The Census also estimated 14,194 seniors age 65+ with incomes below poverty in 2000. This is 5.5% of the 65+ population. The central cities of Minneapolis and St. Paul show a much higher rate of 11% and 10% of their 65+ population respectively. Some exurban and suburban communities also have concentrations of 65+ households living in poverty, ranging from 8.2 – 14.7%.

	2003 RESULTS	2004 RESULTS
<i>Support &amp; Revenue</i>		
Minnesota Board on Aging	\$8,818,463	\$9,040,552
Contributions	217,268	537,962
Other Revenue	35,237	187,874
Investment Income	7,812	8,059
<b>TOTAL REVENUE</b>	<b>\$9,078,780</b>	<b>\$9,774,447</b>
<i>Expenses</i>		
Nutrition Services	\$4,237,543	\$3,770,193
Supportive Services	1,833,109	1,774,594
Administrative, Grant Making & Community Development	1,009,635	1,073,093
Caregiver Support	979,653	702,024
Other	988,217	2,162,712
<b>TOTAL EXPENSES</b>	<b>\$9,048,157</b>	<b>\$9,482,616</b>
Revenue over Expense	\$ 30,623	\$291,831
Fund Balance	\$407,742	\$699,573



1 Admin & Development	10.18%	995,092
2 Congregate Meals	23.65%	2,311,550
3 Home Delivered	13.16%	1,286,301
4 Special Access	2.9%	283,247
5 Info. and Assist.	3.9%	380,934
6 Transportation	3.98%	389,010
7 Chore	3.97%	387,955
8 Respite	0.61%	59,435
9 Legal	1.89%	184,883
10 Health Promotion	1.74%	169,750
11 Alzheimers Demo	1.08%	105,565
12 Health Ins. Counseling	1.84%	179,824
13 N.S.D.G. (Meals)	0.63%	61,545
14 Refugee Project	1.39%	135,936
15 Caregiver	6.86%	671,010
16 Other Services	22.23%	2,172,410

**Metropolitan Area Agency on Aging, Inc.**

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