

Demographic and Service Data on Cambodian Elders

Prepared by the Metropolitan Area Agency on Aging for the
Transform 2010 Focus Groups with Minority Service Organizations, March 2006

Age Cohorts of Cambodian Elders by County Twin Cities Metro Area, 2000

Source: Census SF2 files by race

| County | Total Age 50+ | Age 50-64 | Age 65-74 | Age 75-84 | Age 85+ |
|---------------------------|---------------|-----------|-----------|-----------|---------|
| Carver County | 8 | 5 | 3 | 0 | 0 |
| Dakota County | 81 | 55 | 16 | 9 | 1 |
| Hennepin County | 230 | 159 | 40 | 30 | 1 |
| Ramsey County | 200 | 126 | 53 | 17 | 4 |
| Scott County | 33 | 22 | 7 | 4 | 0 |
| Washington County | 13 | 10 | 1 | 2 | 0 |
| Total 7-County Metro Area | 565 | 377 | 120 | 62 | 6 |

2004 Total Statewide Population Estimate for All Ages: 7,500

Living Arrangements of Cambodian Elders by Poverty Status and Age Group, Twin Cities Metro Area, 2000

Source: Census SF2 files by race

| Age Group | Living Arrangements | Above or Below Poverty | | Total | |
|-------------|---------------------|------------------------|---------------|-----------|------------|
| | | Above Poverty | Below Poverty | | |
| Age 50-64 | Living Arrangements | Live alone | 0 | 22 | 22 |
| | | Live with Spouse | 9 | 0 | 9 |
| | | Live with Family | 99 | 0 | 99 |
| | | Group Quarters | 0 | 11 | 11 |
| | Total | | 108 | 33 | 141 |
| Age 65 Plus | Living Arrangements | Live alone | 0 | 49 | 49 |
| | | Live with Spouse | 81 | 0 | 81 |
| | | Live with Family | 121 | 0 | 121 |
| | | Group Quarters | | | |
| | Total | | 202 | 49 | 251 |

Medicaid-Eligible Cambodian Elders in Hennepin and Ramsey Counties Twin Cities Metro Area, February 2005

Source: DHS

| Age Group | Hennepin County | Ramsey County | Scott County | 7-County Metro Total |
|--------------|-----------------|---------------|--------------|----------------------|
| 50 – 64 | 31 | 64 | 16 | 144 |
| 65 – 74 | 40 | 40 | 23 | 130 |
| 75 – 84 | 21 | 21 | 3 | 60 |
| 85 + | 4 | 3 | 0 | 9 |
| Total | 96 | 128 | 62 | 363 |

Medicaid-Eligible Cambodian Elders Receiving Community-Based Long-Term Care, EW and CADI Waivers, Twin Cities Metro Area, February 2005

Source: DHS

| Age Group | 50 - 64 | 65 - 74 | 75 - 84 | 85 + | Total 50+ |
|----------------------|---------|---------|---------|------|-----------|
| Number of Recipients | 1 | 6 | 5 | 4 | 16 |

Cambodian Elder Waiver Beneficiaries with Selected ADLs and IADLs Twin Cities Metro Area, March 2005

Source: DHS

| ADLs - IADLs | Number of Individuals Needing Assistance |
|------------------------|--|
| Dressing | 13 |
| Eating | 13 |
| Transferring | 8 |
| Walking | 8 |
| Toileting | 13 |
| Medication Management | 15 |
| No Dependencies | 0 |
| 1 or 2 Dependencies | 3 |
| 3 or More Dependencies | 13 |
| Total | 16 |

Cambodian Elder Medical Assistance Beneficiaries with Selected Chronic Conditions, Twin Cities Metro Area, March 2005

Source: MN Department of Human Services

| Number of Recipients | All MA: 334 | Waiver: 16 |
|--|----------------|----------------|
| Chronic Disease | Percent | Percent |
| Arthritis | 15.0 | 25.0 |
| Alzheimers / Dementia | 8.1 | 12.5 |
| Cancer | 2.7 | 0 |
| Cardiovascular Disease (stroke or at high risk of stroke -CVD) | 10.2 | 31.3 |
| Chronic Obstructive Pulmonary Disease (COPD) | 12.6 | 18.8 |
| Congestive Heart Failure | 4.8 | 43.8 |
| Chronic Hypertensive Disease (CHD) | 11.4 | 37.5 |
| Depression | 35.0 | 18.8 |
| Diabetes | 27.5 | 62.5 |
| Parkinsons | .3 | 0 |

**Cambodian Elder Waiver Beneficiaries Receiving Selected Services
Twin Cities Metro Area, March 2005**

Source: MN Department of Human Services

| Age Group | 50 - 64 | 65 + | Total |
|--|--|--|--|
| Number of Recipients | 1 | 15 | 16 |
| | Recipients Receiving Services | Recipients Receiving Services | Recipients Receiving Services |
| Waiver Services | | | |
| PERSONAL CARE SERVICES, 15 MIN | 1 | 10 | 11 |
| SUPERVISION OF PERSONAL CARE ASSISTANT | 1 | 9 | 10 |
| COMPANION SERVICES - 30 MINUTES | 0 | 0 | 0 |
| HOME DELIVERED MEAL - 1 MEAL | 1 | 0 | 1 |
| SKILLED NURSE VISIT | 0 | 1 | 1 |
| HOME HEALTH AIDE VISIT | 0 | 0 | 0 |
| RESIDENTIAL CARE SERVICES MONTHLY | 0 | 0 | 0 |
| ASSISTED LIVING SERVICES MONTHLY | 0 | 0 | 0 |
| ASSISTED LIVING PLUS | 0 | 0 | 0 |
| FOSTER CARE-CORPORATE | 0 | 0 | 0 |
| FOSTER CARE ONE MONTH | 0 | 0 | 0 |
| EXT HOME HEALTH MED SUPP/EQUIP | 1 | 8 | 9 |
| HOMEMAKER ONE DAY | 0 | 0 | 0 |
| ADULT DAY CARE 30 MINUTES | 0 | 1 | 1 |
| ADULT DAY CARE ONE DAY | 0 | 0 | 0 |
| EXTEND PERSONAL CARE, 15 MINUTES | 0 | 0 | 0 |
| PERSONAL CARE - 15 MINUTES | 1 | 4 | 5 |
| EXTENDED HOME HEALTH AIDE, 15 MIN | 0 | 0 | 0 |
| HOMEMAKER SERVICE, 15 MIN | 0 | 3 | 3 |

Focus Group Insights

(Focus group participants included county case managers and Minnesota Senior Health Options (MSHO) case managers)

- Elders have a variety of basic and chronic health conditions that are related to both their mental and emotional health status as well as a disconnect between their perspectives on health and health care and the western view of health care. Basic health education, including chronic care management, and mental health services are significant needs.
- Transportation and interpretation services are needed by many elders, especially to ensure they can make their medical appointments and experience effective communication with their health care providers.
- As family members are increasingly needing to work outside the home to make ends meet, they may be less able to provide the support their elder family members need. Respite for family caregivers, such as flexible/drop-in adult day care and in-home respite, is needed. As more elders have fewer or no family members at home with them they are becoming more interested in congregate living arrangements, such as apartments with social opportunities, foster care or assisted living. All services must be delivered in a culturally appropriate manner.